

ERTH 134 WESTERN SIERRA NEVADA EQUIPMENT LIST

LIST A – CAMPING GEAR

✓	<p>Pack these items in your duffel bag or suitcase. Do not use a backpack with metal frame. You will not have access to your List A gear during the day.</p> <ul style="list-style-type: none"> • Label every item clearly with your name • Do not tie or bungee together your sleeping bag, duffel bag and other gear into one long linked bundle. • Do not pack breakables. Your gear will be handled roughly. • Be prepared for cold and wet!!!
	Sleeping bag - very warm non-cotton filled sleeping bag (borrow or rent one if you don't have one) or bring two
	Ensolite/foam pad/air mattress
	Waterproof ground cloth/tarp
	Flashlight or headlamp with new batteries
	Duffel bag/suitcase
	Coffee mug - No drinking containers are provided
	Earplugs (optional)
	Personal toilet items
	Small tent (2 campers per tent maximum)
✓	Clothing
	Adequate clothes for hot, cold, and wet weather. Note: We have had ice form during the night. Happy campers are ones who bring parkas. If you do not own a parka, bring two sweaters plus a hoody or some equivalent.
	Light-weight closed-toe hiking boots/shoes (No flip-flops)
	2 jackets or sweatshirts
	Wool or ski gloves (very important—see note, below, on cold nights)
	Warm hat (use for sleeping, too)
	Rain gear
	Compact, flat-folding chair or something soft to sit on (for around our camps)

BE ESPECIALLY PREPARED FOR COLD WEATHER
We will be camping high in the sierras and some **sub-freezing** nights are likely.

LIST B – DAY STUFF

✓	<p>Pack LIST B items in your backpack. Bring it with you on the morning of departure and take it with you on the van. This is your "during the day" gear.</p>
	Note taking items
	3-ring binder for notes (1" thick)
	Lots of paper, 3-hole punched, white, lined 8 1/2 x 11 inch OR spiral, composition notebook for field notes
	8 sheets of lined paper for taking quizzes (especially important if you opt for the spiral or comp book option for your field notes)
	Pens - black or blue
	Colored pencils (8 colors), pencil sharpener
	Straight edge, White-Out, eraser
✓	Clothing
	Jacket or sweatshirt
	Swimsuit, towel
	Hat with brim (optional)
✓	Other items
	Lunch (1 st day only)
	Water bottle, filled
	Small stuff sack for a couple of items of loose clothing
	Camera and plenty of film or memory (optional)
	Sunscreen
	Sunglasses
	Soap, shampoo, deodorant
	Chapstick
	Hand lotion
	Kleenex/toilet paper
	Moist towelettes (optional)
	Insect repellent (optional)
	Smart phone charging cord
	Information about your private medical insurance including name, policy number, details, deductibles, etc. plus how to file a claim
	Music with individual headphones - for camp use only.

PROHIBITED ITEMS DO NOT BRING:
drugs, alcohol, firearms, boom boxes, rock climbing gear, "condo-style" tents